

## **BOCHK Schools Sports Volunteer Scheme**

The BOCHK Schools Sports Volunteer Scheme has been a great success through the support from schools and student volunteers. This season, we continue to recruit volunteers who are interested to spare their time and contribute at the **Inter-School Athletics Competition** as well as the **Inter-School Indoor Rowing Competition**. To extend the volunteer involvement, existing Schools Sports Volunteers who did not join the leadership camp before are invited to take part in a leadership training program; nominated candidates will be selected according to their total services hours and fields of contribution before accredited as **Volunteer Leaders**.

If your school has an interest in the Scheme, please nominate your potential student volunteers by completing the nomination form to our office (by email to [volunteer@hkssf.org.hk](mailto:volunteer@hkssf.org.hk)). To ensure students' safety and excellence in providing voluntary service, training is given to nominated student volunteers in light of their choice of interest in serving the above competitions. In addition to the valuable volunteer experiences gained from the scheme, student volunteers can obtain relative Other Learning Experience (OLE) from our scheme.

### **NEW SCHOOLS SPORTS VOLUNTEER**

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Date	: 17 December 2016 (Saturday) or 14 January 2017 (Saturday)
Venue	: <b>Pui Ching Middle School</b> <b>Wah Yan College (Hong Kong)</b> 20 Pui Ching Road,                                      281 Queen's Road East, Homantin, Kowloon                                      Wanchai, Hong Kong
Time	: 9:00am – 1:00pm
Eligible Applicant	: Eligible A & B Grade Students in 2016-2017 (Born in or before 2002)
Training Course	: I. Fundamental Principal of Voluntary Service Course, <i>and</i> II. Sports Management Course in Track and Field, <i>or</i> III. Sports Management Course in Indoor Rowing
Medium of Instruction	: Cantonese
Entry Fee	: Free, all expenses to be supported by Bank of China (Hong Kong)
No. of Nomination	: Maximum to 30 Students per school

### **SCHOOLS SPORTS VOLUNTEER LEADERS**

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Date	: 21 January 2017 (Saturday)
Venue	: The Jockey Club Sai Kung Outdoor Training Camp No. DD256, Tai Mong Tsai Road, Sai Kung, N.T.
Time	: 9:00am – 4:00pm
Eligible Applicant	: Existing Schools Sports Volunteers can be nominated (Selection Priority – 1. Total services hours 2. Fields of contribution)

### **NOMINATION FORMS**

- Go to [www.hkssf.org.hk](http://www.hkssf.org.hk) 【Inter-Secondary Schools Sports Competition HK Island and Kowloon > BOCHK Schools Sports Volunteer Scheme】

~ **NOMINATION DEADLINE: 9 December 2016 (Friday)** ~

To : All Member Secondary Schools (HK & Kln)  
Date : 17 November 2016

Tang Wing Yin  
Sports Executive

## **Details of BOCHK Schools Sports Volunteer Scheme**

### **1. VISION**

To cultivate responsible, compassionate and diversified leaders of society in future

### **2. OBJECTIVES**

2.1 To provide students with a platform to learn from serving our community

2.2 To equip students with knowledge apart from books and the ability to think out of the box

2.3 To encourage students to explore sports and nurture their genuine interest in sports

### **3. BENEFITS**

Attitude	<ul style="list-style-type: none"><li>- To take responsibility for being an attuned world citizen</li><li>- To nurture enthusiasm about sports</li><li>- To cultivate compassion about our society</li></ul>
Skill-set	<ul style="list-style-type: none"><li>- To polish interpersonal skills through collaboration</li><li>- To sharpen communication skills in verbal and physical ways</li><li>- To provide participants with an opportunity to demonstrate their leadership potential</li></ul>
Knowledge	<ul style="list-style-type: none"><li>- To encourage participants to think out of the box</li><li>- To broaden their professional knowledge of sports and sports management</li><li>- To familiarize themselves with their roles in society</li></ul>

### **4. ELIGIBILITY**

Eligible A & B Grade Students in 2016-2017 (Born in or before 2002) and nominated by members schools of HKSSRC are welcome to apply for the scheme.

### **5. TRAINING COURSE**

Courses will be provided to students with 2 hours fundamental principle of voluntary service and 2 hours theoretical training in sports management.

#### **5.1 FUNDAMENTAL PRINCIPLE OF VOLUNTARY SERVICE**

Date: 17 December 2016 or 14 January 2017

Time: 9:00am – 11:00am

2 hours Fundamental Principle of Voluntary Service Course is a compulsory course that aims to convey the righteous message of being a proper volunteer and world citizen in today's society to students through its curriculum, including the concept of voluntary services, the elements of a good volunteer, the role in volunteer and its responsibility, the value of voluntary service, and the types of voluntary service.

## 5.2 THEORETICAL TRAINING IN SPORTS MANAGEMENT

2 hours Sports Management Course is also a compulsory course that aims to deliver knowledge of sports management to students and inculcate them with appropriate attitude towards sports management as an official. The curriculum comprises sports regulations, sports safety, sports competition procedures, sportsmanship and the official roles in different sort of positions in a competition.

### **Sports Management in Track and Field**

(for students who will volunteer at Inter-School Athletics Competition)

Date: 17 December 2016 or 14 January 2017

Time: 11:00am – 1:00pm

### **Sports Management in Indoor Rowing**

(for students who will volunteer at Inter-School Indoor Rowing Competition)

Date: 8 April 2017 (Tentative)

*Further information will be released to nominated students in due course.*

## 6. **LECTURER**

Mr. Ronnie YIP, Committee Member of Technical Official Committee of Hong Kong Amateur Athletic Association will be in charge of Sports Management Course (Track and Field).

## 7. **VOLUNTEER LEADERS**

Nominated existing Schools Sports Volunteers who volunteered in the Inter-School Sports Competition will be prioritized and selected according to their total services hours and fields of contribution, selected volunteers will receive further training in team building and leadership skills through diversified adventure activities on a day camp. Details are as follow:

Date: 21 January 2017

Time: 9:00am – 4:00pm

Venue: The Jockey Club Sai Kung Outdoor Training Camp  
No. DD256, Tai Mong Tsai Road, Sai Kung, N.T.

Meal: Lunch will be provided

After completion of leadership training, students will be eligible to perform a role in leading their fellow student volunteers in designated official duties as Volunteer Leaders.

**8. SERVICE PERIOD**

Students can take the opportunity to apply their knowledge obtained from the courses and volunteer at the following Sports Competition in light of their choice of interest.

Inter-School Athletics Competition: 6 February to 3 March 2017

Inter-School Indoor Rowing Competition: May 2017

**9. UNIFORM**

To serve as a team, the Scheme will provide volunteers with a smart uniform including a polo shirt and windbreaker, not only to reflect the public image of BOCHK Schools Sports Volunteer Scheme, but also that volunteers will wear it with pride and be cultivated their senses of belonging in the BOCHK Schools Sports Volunteer Team.

**10. RECOGNITION CEREMONY**

Students who completed all the courses and services will be awarded a certificate for their contribution and be invited to attend a Recognition Ceremony. Further details are to be issued.

Tang Wing Yin  
Sports Executive

To : All Member Secondary Schools (HK & Kln)  
Date: 17 November 2016

## 中銀香港學界體育志願者計劃

由香港學界體育聯會港島及九龍地域中學分會及中國銀行(香港)成立的中銀香港學界體育志願者計劃，多得各校及學生志願者的支持，取得空前成功。本會今年繼續邀請同學於中學校際田徑比賽及中學校際室內賽艇比賽，擔任學生工作人員。為了延續各同學的義工精神，本會現誠邀曾參與志願者服務，而未曾參加過團隊訓練日營的志願者，參加志願者領袖訓練營；本會將會依照參加者過往的服務時數及服務範疇作優先考慮。

如 貴校有意參加是次計劃，請將填妥之報名表送交本會辦事處（電郵至 [volunteer@hkssf.org.hk](mailto:volunteer@hkssf.org.hk)），以提名具潛質的學生參加本計劃。為提升學生志願者的表現及確保學生的安全，本會將提供培訓課程。完成整項計劃後，學生志願者除獲得寶貴經驗外，同時亦可將有關時數計算入其他學習經歷內。

### 新參加者

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日期	: 二零一六年十二月十七日（星期六） 或 二零一七年一月十四日（星期六）	
地址	: 香港培正中學 九龍何文田 培正道二十號	香港華仁書院 香港灣仔 皇后大道東二八一號
時間	: 早上九時 至 下午一時	
報名資格	: 於 2016-2017 年度適齡的乙組及甲組學生（出生於 2002 年或之前）	
課程	: I. 義工服務基礎訓練，及 II. 田徑管理訓練，或 III. 室內賽艇訓練	
授課語言	: 廣東話	
費用	: 免費（由中國銀行（香港）贊助）	
提名人數	: 每校最多可提名 30 名學生	

### 志願者領袖訓練

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日期	: 二零一七年一月二十一日（星期六）
地址	: 香港青年協會賽馬會西貢戶外訓練營 西貢大網仔路 DD256 地段
時間	: 早上九時 至 下午四時
報名資格	: 曾參與志願者服務而未曾參加過團隊訓練日營的志願者，可被提名為志願者領袖，獲選的優先次序如下： 1. 服務時數            2. 服務範疇 (如參加人數眾多，名額將平均分配予各參加學校)

### 報名表

➤ 請瀏覽 [www.hkssf.org.hk](http://www.hkssf.org.hk) 【港島及九龍地域中學學界體育比賽 > 中銀香港學界體育志願者計劃】

截止日期 : 二零一六年十二月九日（星期五）

鄧永賢  
體育幹事

致 : 港島及九龍地域中學各會員學校  
日期 : 二零一六年十一月十七日

**香港學界體育聯會**  
**港島及九龍地域中學分會**

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**中銀香港學界體育志願者計劃**

**1. 抱負**

致力培養負責、體諒和多元的未來社會領袖

**2. 目標**

- 2.1 為學生提供一個服務社區的平台
- 2.2 裝備學生課本以外的知識，擴展思考領域
- 2.3 鼓勵學生探索體育範疇及培養其為終生志趣

**3. 計劃之核心**

態度	<ul style="list-style-type: none"><li>- 肩負己責，成為一個通達的世界公民</li><li>- 培養對體育的熱誠</li><li>- 啟迪對身邊事物的體諒</li></ul>
技巧	<ul style="list-style-type: none"><li>- 通過合作琢磨人際技巧</li><li>- 訓練言語和肢體的溝通技巧</li><li>- 提供展示領導才能的機會</li></ul>
知識	<ul style="list-style-type: none"><li>- 鼓勵學生跳出框框，開發多元進路</li><li>- 拓展學生體育管理的專業知識</li><li>- 使學生了解自己的社會角色</li></ul>

**4. 參加資格**

於 2016-2017 年度適齡的乙組及甲組學生（出生於 2002 年或之前），並由本會會員學校所推薦的中學生皆歡迎申請。

**5. 訓練課程**

學生志願者將接受為期 4 小時的訓練，包括 2 小時的義工服務基礎訓練課程及 2 小時的體育管理訓練課程，令學生志願者準備日後的任務和服務。

**5.1 義工服務基礎訓練課程**

日期: 2016 年 12 月 17 日 或 2017 年 1 月 14 日

時間: 早上 9 時至 11 時

2 小時的義工服務基礎訓練課程為參加是次計劃所要求的部份，目的為學生志願者吸取作為一個恰當義工的正面信息，成為當代世界公民。其課程包括：義工概論、優秀義工的元素、義工的角色與責任、義工服務的價值、義工服務的種類與其創新的蹊徑。

## 5.2 **體育管理訓練課程**

2 小時的體育管理訓練課程亦為參加是次計劃所要求的部份。目的為學生志願者傳遞深入淺出的體育管理知識和灌輸作為一個體育管理工作人員應有的態度。課程包括比賽通則、體育安全、比賽程序、體育精神及各項工作人員的崗位。

### **田徑管理訓練課程**

(此課程提供予中學校際田徑比賽實習的志願者)

日期: 2016 年 12 月 17 日 或 2017 年 1 月 14 日

時間: 早上 11 時 至 下午 1 時

### **室內賽艇管理訓練課程**

(此課程提供予中學校際室內賽艇比賽實習的志願者)

日期: 2017 年 4 月 8 日(暫定)

有關詳情將稍後向已提名的學校公佈。

## 6. **講者**

田徑體育管理訓練課程由香港業餘田徑總會技術及裁判委員會委員葉祐淳先生擔任主講。

## 7. **志願者領袖**

曾參與志願者服務，而未曾參加過志願者領袖訓練日營的志願者，將依照服務時數及服務範疇的優先次序而被挑選入營，成功完成訓練的學生志願者將可成為志願者領袖。

日期: 2017 年 1 月 21 日

時間: 早上 9 時 至 下午 4 時

地點: 香港青年協會賽馬會西貢戶外訓練營  
西貢大網仔路 DD256 地段

膳食: 午膳(大會將安排於營地進行午膳)

## 8. **服務時期**

學生志願者將根據提名的意願協助中學校際比賽擔任輔助裁判。

中學校際田徑比賽 : 2017 年 2 月 6 日至 3 月 3 日

中學校際室內賽艇比賽: 2017 年 5 月

## 9. **學生志願者制服**

為使志願者能展示此計劃之形象予公眾人士及能讓學生志願者以參加此計劃為榮，是次計劃將給予各學生志願者一套指定制服，包括開領短袖衫和風褸各一件以增強其身為中銀香港學界體育志願者的歸屬感。

## 10. **嘉許典禮**

完成課程及服務之學生將會被邀請出席嘉許典禮。詳情將稍後公佈。